

A white bicycle is parked on a paved path along a beach. The bicycle has a basket on the back and a camera mounted on the handlebars. A large cluster of colorful balloons (red, orange, yellow, green, blue, pink, purple) is attached to the back of the bicycle. A single red heart-shaped balloon floats in the sky above the bicycle. The background shows a clear blue sky, a turquoise ocean, and a sandy beach.

Zeal+heal
Inspiring Health

Starting on the path to Wellness



Healthier employees make for a stronger association.

If you're looking to build a workplace with more staff camaraderie, greater productivity, and less absenteeism, ZealHeal's organization-wide wellness initiative can help you get there.

Employee Assistance Program

an approach towards happy & healthy Employees

An EAP, or **employee assistance program**, is a confidential, short term, counselling service for **employees** with personal problems that affect their work performance.

An EAP is a small investment with a strong return, resulting in more engaged, resilient, and productive employees.



Why invest in EAP?

The American Bar Association states that more than half the employees in a typical workforce will experience a legal or financial issue involving “life events” each year



On an average, an employee spends **53 hours** on the job per year resolving family-related issues



Over the next decade, from **10% to 18%** of employees will be caring for elderly family members, thereby **1/5** will quit their jobs

When employees are happy, they are your very best ambassadors
– James Sinegal



EAP helps employees in managing their personal issues



Increases workplace productivity and morale



Employees start loving their job resulting in less absenteeism and higher productivity



Reduces medical costs



Treat Employees Like They Make A Difference & They Will

What Do ZealHeal EAP Cover?



- ✓ Stress and pressure – personal or work
- ✓ Depression and anxiety
- ✓ Workplace issues and changes
- ✓ Bullying and harassment support
- ✓ Anger and conflict issues
- ✓ Relationship and family matters
- ✓ Addictions
- ✓ Life transition and personal development
- ✓ Health and wellbeing
- ✓ Career planning
- ✓ Budgeting and financial assistance
- ✓ Personal legal advice

Helping You Find Your Way



On-Call counselling with our experts



Face-to-face counseling with experts to address individuals' personal, family and relationship issues



Online articles and blogs for self assessment and health issues



Training programmes for supervisors and employees



Telephonic/Local referral consultation for financial and legal issues*



Happy Employees = Successful Company

Pleasure in the job puts perfection in the work



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